



Follow-on milks

Nutrients per 100ml of prepared feed

	Aptamil Follow On Milk 2	Aptamil Profutura Follow On Milk 2	Aptamil Sensavia Follow On Milk 2	Cow & Gate Follow-on Milk 2	HiPP Organic Follow On Milk 2	Little Steps Follow-on Milk	SMA Advanced Follow-on Milk	SMA Organic Follow-on Milk	SMA Pro Follow-on Milk
									
Energy	285kJ (68kcal)	285kJ (68kcal)	285kJ (68kcal)	285kJ (68kcal)	285kJ (68kcal)	281kJ (67kcal)	285kJ (68kcal)	281kJ (67kcal)	281kJ (67kcal)
Fat	3.2g	3.2g	3.0g	3.2g	3.7g	3.2g	3.5g	3.2g	3.3g
Saturates	1.4g	1.5g	1.4g	1.4g	1.6g	0.8g	1.0g	0.3g	0.8g
Unsaturates	1.7g	1.7g	1.6g	1.7g	2.1g	2.4g	2.2g	2.9g	2.2g
LCPs	31mg	30mg	13mg	23mg	13.6mg	17mg	15.2mg	16.8mg	17mg
DHA (omega-3)	17mg	17mg	6.0mg	17mg	13.6mg	17mg	7.6mg	16.8mg	17mg
AA (omega-6)	9.0mg	8.8mg	6.0mg	1.2mg	0.0mg	0.0mg	7.6mg	0.0mg	0.0mg
Carbohydrate	8.2g	8.2g	8.4g	8.2g	7.2g	8.0g	7.8g	8.1g	8.2g
Sugars	8.1g	8.1g	6.9g	8.1g	7.2g	5.5g	7.8g	5.7g	8.2g
Lactose	7.8g	7.8g	6.6g	7.8g	7.0g	5.3g	7.8g	5.5g	8.2g
Fibre	0.6g	0.6g	0.6g	0.6g	0.5g	0.0g	0.15g	0.0g	0.03g
Protein	1.4g	1.4g	1.6g	1.4g	1.3g	1.5g	1.3g	1.35g	1.1g
Whey	0.5g (43%)	0.7g (50%)	1.6g (100%)	0.5g (21%)	0.52g (40%)	0.35g (23%)	1.3g (100%)	0.675g (50%)	0.66g (60%)
Casein	0.8g (57%)	0.7g (50%)	0.0g (0%)	0.8g (79%)	0.78g (60%)	1.16g (77%)	0.0g (0%)	0.675g (50%)	0.44g (40%)
Salt (Sodium x2.5)	0.06g	0.06g	0.06g	0.06g	0.05g	0.07g	0.07g	0.07g	0.09g
Vitamin D	1.7µg	1.7µg	1.4µg	1.7µg	1.6µg	1.7µg	0.9µg	1.7µg	1.7µg
Calcium	73mg	75mg	63mg	72mg	70mg	75mg	46mg	58mg	66mg
Iron	1.0mg	1.0mg	1.1mg	1.0mg	1.0mg	0.81mg	0.7mg	0.87mg	0.9mg
GOS / FOS*	0.8g	0.8g	0.8g	0.8g	0.5g (GOS only)	0.0g	0.0g	0.0g	0.0g
HMOs**	15mg	50mg	0.0mg	0.0mg	0.0mg	0.0mg	153mg	0.0mg	25mg
Nucleotides	2.4mg	2.4mg	3.3mg	2.4mg	0.0mg	0.0mg	2.0mg	0.0mg	0.0mg
V, O or H†	H	-	-	H	O	H	-	O / H	H

The nutrition information featured in the above chart is based on the powder format as prepared feed. There may be slight variations in the ready-to-feed formats.

*Galacto- and fructo-oligosaccharides. **Human milk oligosaccharides. †Vegetarian (V), Organic (O) or Halal certified (H).

IMPORTANT NOTICE: Breastfeeding is best for babies. Follow-on milk is only for babies over six months, as part of a healthy balanced diet and should not be used as a breastmilk substitute before six months. It is recommended that the decision to use all formula milks, and to start weaning, should be made on the advice of a doctor, midwife, health visitor, public health nurse, dietitian, pharmacist or other professional responsible for maternal and child care, based on baby's individual needs.