










Growing up milks

Nutrients per
100ml of
prepared feed

	Aptamil Growing Up Milk 3	Aptamil Profutura Growing Up Milk 3	Aptamil Sensavia Growing Up Milk 3	Cow & Gate Growing-up Milk 3	HiPP Growing Up Milk 3	Little Steps Growing-Up Milk	SMA Advanced Growing Up Milk	SMA Organic Growing Up Milk	SMA Pro Growing Up Milk
									
Energy	273kJ (65kcal)	273kJ (65kcal)	273kJ (65kcal)	275kJ (65kcal)	211kJ (51kcal)	281kJ (67kcal)	289kJ (69kcal)	281kJ (67kcal)	281kJ (67kcal)
Fat	2.6g	2.6g	2.9g	2.6g	2.8g	3.0g	3.5g	3.1g	3.0g
Saturates	0.83g	0.79g	1.3g	0.6g	1.2g	0.7g	1.0g	0.3g	0.6g
Unsaturates	1.76g	1.9g	1.6g	1.0g	1.6g	2.0g	2.3g	2.6g	2.0g
LCPs	20mg	26mg	13mg	0.0mg	7.7mg	0.0mg	15.4mg	17.6mg	0.0mg
DHA (omega-3)	11mg	16mg	6.0mg	0.0mg	7.7mg	0.0mg	7.7mg	17.6mg	0.0mg
AA (omega-6)	0.0mg	0.0mg	6.0mg	0.0mg	0.0mg	0.0mg	7.7mg	0.0mg	0.0mg
Carbohydrate	8.7g	8.7g	8.0g	8.5g	5.0g	8.6g	7.9g	8.3g	8.2g
Sugars	6.6g	6.9g	6.6g	6.7g	5.0g	5.6g	7.9g	5.8g	8.2g
Lactose	6.1g	6.39g	6.4g	6.2g	4.8g	5.3g	7.9g	5.6g	8.2g
Fibre	0.9g	0.9g	0.5g	0.8g	0.7g	0.0g	0.15g	0.0g	0.03g
Protein	1.3g	1.3g	1.5g	1.5g	1.0g	1.5g	1.3g	1.5g	1.0g
Whey	0.4g (30%)	0.4g (30%)	1.5g (100%)	0.5g (33.3%)	0.2g (20%)	0.345g (23%)	1.3g (100%)	1.155g (23%)	0.23g (23%)
Casein	0.9g (70%)	0.9g (70%)	0.0g (0%)	1.0g (66.6%)	0.8g (80%)	1.155g (77%)	0.0g (0%)	0.345g (77%)	0.77g (77%)
Salt (Sodium x2.5)	0.06g	0.06g	0.06g	0.07g	0.05g	0.07g	0.07g	0.08g	0.03g
Vitamin D	3.1µg	3.1µg	1.4µg	3.1µg	2.3µg	1.15µg	1.0µg	1.8µg	1.1µg
Calcium	120mg	120mg	60mg	120mg	120mg	83mg	47mg	76mg	127mg
Iron	1.2mg	1.2mg	1.0mg	1.2mg	1.2mg	1.2mg	0.72mg	1.1mg	1.2mg
GOS / FOS*	1.2g	1.2g	0.8g	1.2g	0.7g (GOS only)	0.0g	0.0g	0.0g	0.0g
HMOs**	10mg	30mg	0.0mg	0.0mg	0.0mg	0.0mg	154mg	0.0mg	25mg
Nucleotides	0.0mg	0.0mg	3.1mg	0.0mg	0.0mg	0.0mg	2.0mg	0.0mg	0.0mg
V, O or H†	H	–	–	–	–	V / H	–	O / H	V / H

The nutrition information featured in the above chart is based on the powder format as prepared feed. There may be slight variations in the ready-to-feed formats.

*Galacto- and fructo-oligosaccharides. **Human milk oligosaccharides. †Vegetarian (V), Organic (O) or Halal certified (H).

IMPORTANT NOTICE: Breastfeeding is best for babies. Growing up milk is intended for use from the age of one year as part of a healthy balanced diet and should not be used as a breastmilk substitute. Parents should not allow prolonged or frequent contact of milk with their toddler's teeth, as this increases the risk of tooth decay. Healthcare professionals, including pharmacists and pharmacy technicians, can offer further advice.